

GLASGOW ASSOCIATION FOR MENTAL HEALTH

Person Specification

POST: **Distress Response Worker**
Compassionate Distress Response Service (CDRS)

QUALIFICATIONS

	Essential	Desirable
Social Work, RMN, Occupational Therapy or equivalent. SVQ 4 Care I an appropriate area		✓
Minimum SVQ Level III in Health or Social Care, or equivalent or HNC in relevant field	✓	

EXPERIENCE

Minimum 2 years' experience working within health and social care field		✓
Experience of working in a team		✓
Supporting and supervising other staff/volunteers		✓
Knowledge of relevant legislation		✓
Ability to work and communicate in a multi-agency environment, maintaining positive working relationships		✓
Ability to use IT effectively		✓

SKILLS

Assessment & Risk Assessment skills		✓
You will have excellent listening, and interpersonal skills and be able to quickly establish feelings of trust and rapport.	✓	
Excellent verbal communication skills	✓	
Good written communication skills	✓	
Able to work independently and on your own initiative	✓	
You will have the skills and qualities to create the conditions for a safe, welcoming and supportive environment.	✓	
You will have good time management skills, be able to prioritise and handle demanding workloads.	✓	

PERSONAL TRAITS

Compassionate and caring	✓	
Ability to demonstrate empathy and concern	✓	
Self-motivated and resourceful	✓	
Team member	✓	
Flexible and adaptable	✓	
Can work irregular hours	✓	

Other

Car owner		✓
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